

Activity Guide

Summer
2019



City of Daly City

Department of Library and Recreation Services
111 Lake Merced Boulevard
Daly City, CA 94015 - 1048
(650) 991 - 8001
www.dalycity.org/iplay





Welcome

Registration Information

Ways to Register

Online:

www.dalycity.org/iplay

In person:

Department of Library and Recreation Services
Administration Office
111 Lake Merced Boulevard
Daly City, CA 94015

Hours:

Tuesday - Friday, 8:30am - 4:30pm

“Build a Dream” Scholarship

The “Build a Dream” Scholarship Program enables disadvantaged Daly City youth and active adults to participate in the exercise, education, and cultural arts activities offered by the Department of Library and Recreation Services.

To be eligible, applicants must be a Daly City Resident, be a youth (ages 0 - 17 years) or an active adult (ages 50 or older), and meet the financial need criteria.

Scholarships are granted upon approval of completed application and required supporting documents.

For more information, please contact us at (650) 991-8001. Or to view full Scholarship Policy, visit: www.dalycity.org/scholarship.

● City Officials

City Council

Raymond A. Buenaventura, Mayor
Glenn R. Sylvester, Vice Mayor
Roderick Daus-Magbual, Council Member
Pamela DiGiovanni, Council Member
Juslyn Manalo, Council Member

Elected Officials

K. Annette Hipona, City Clerk
Daneca Halvorson, City Treasurer

Library Board of Trustees

Angella Logarta, President
Marcel Balmeo, Vice President
Lauren A. Daus, Trustee
Theresa Tusitoo Faapuaa, Trustee
Justine L. Santos, Trustee

Recreation Commission

Christina Luna, Chair
Luis O. Landos, Vice Chair
Nadia Flamenco, Commissioner
Nathaniel J. Ortiz, Commissioner
Jack Pastor, Commissioner

Arts and Culture Commission

Arlene S. Daus-Magbual, Chair
Nancy G. Rodriguez, Vice Chair
Elizabeth N. Espinda, Commissioner
Dorie C. Paniza, Commissioner
Raymond San Diego, Commissioner

To view schedules and agendas for City Council, Library Board of Trustees, and Recreation Commission meetings, please visit www.dalycity.org.

Special Events

Active Adult/Senior Resource & Fitness Fair

The Fair will have resource & community vendors, free health screenings, and instructor led fitness exercise & activities.

Thursday, May 23, 2019

9:00 - 11:30a

Pacelli Event Center, 145 Lake Merced Boulevard

Fun, Health & Safety Fair

Join us at Serramonte Center for information regarding upcoming recreation programs, classes, and events!

Saturday, August 17, 2019

10:00a - 2:00p

Serramonte Shopping Center

Independence Day Celebration

The Supporters of Doelger Senior Center, Inc. invite you to the Annual Independence Day Celebration! BBQ Lunch, Bake Sale, No Host Bar and Vendors will be available. Proceeds benefit the Doelger Senior Center.

Wednesday, July 3, 2019

10:30a - 1:30p

Doelger Senior Center, 101 Lake Merced Boulevard

Latino Heritage Month Celebration

Join us for our 16th Annual Latino Heritage Month Celebration! There will be information & resource tables, activities/arts & crafts, as well as entertainment. This event is absolutely FREE!

Saturday, September 21, 2019

12:00 - 3:00p

City Hall, 333 90th Street

Kasayahan Sa Daly City

We invite you to come join us for our Kasayahan Sa Daly City celebration! Come join us to celebrate Filipino American History Month! There will be entertainment, vendors, non-profits informational booths, food trucks, a beer garden, and a Family Fun Zone. We have a variety of live performances to get you out of your seat!

Saturday, October 12, 2019

11:00a - 4:00p

Marchbank Park, 10 S. Parkview Avenue

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Refund Policy

This Refund Policy has been established to provide refunds and credits resulting from the cancellation of or withdrawal from a Program, Class, Camp or League offered by or through the Department of Library and Recreation Services. To view the full Refund Policy, visit www.dalycity.org/refund.

Cancellations

If, for any reason, a Program, Class, Camp or League is cancelled by the Department of Library and Recreation Services, the customer shall receive a full refund or credit.

If a customer wishes to cancel their enrollment and receive a full refund, the request for a refund must be made at least five business days prior to the start of the Program, Class, Camp or League.

Programs, Classes or Camps

If a customer withdraws from a Program, Class or Camp less than five business days prior to its start date, the customer shall receive a credit less a \$10 processing fee.

If a customer withdraws after a Program, Class or Camp has commenced, the customer shall receive a partial credit. The amount of this partial credit shall be pro-rated based on the number of remaining sessions, less a \$10 processing fee. Refunds shall not be issued.

Aquatics Classes

If a customer withdraws from a class (Swimming Lesson) less than one business day prior to its start date, the customer shall receive credit less a \$10 processing fee. Refunds shall not be issued.

Youth Sports League

If a customer withdraws from a Youth Sports League less than five business days prior to its start date, the customer shall receive a credit less a \$10 processing fee.

If a customer withdraws within the first three weeks of a League season, the customer shall receive a credit less a \$30 uniform fee and a \$10 processing fee. If a customer withdraws on or after week four, no credit or refund shall be issued.

Additional Information

A credit issued from a withdrawal of a class, program, league or camp shall be available for use up to one year after it was issued. If the credit is not used within this one year period, the credit shall be transferred from the customer's account into the Department's scholarship fund.

Exception to the Refund Policy due to extenuating circumstances may be considered by the Director of Library and Recreation Services.

No refund or credit is available for the following: Drop-in classes/programs, special events, camp extended care and one-day/drop-in classes.

For more information, contact us at (650) 991 - 8001.

Facilities

Facility Rentals

The Department of Library and Recreation Services has numerous facilities available for rent for celebrations, meetings and gatherings! Reservations must be completed in person at our Administration Office.

Facilities may be reserved up to six months in advance. City facilities are not intended for serial/ongoing reservations. No reservations will be accepted with less than a two week notice.

Visit www.dalycity.org/rentals to view photos and 360° tours of our facilities, as well as the Facility Rental Packet and Fees.

For more information and/or to check availability of our facilities, please call at (650) 991 - 8001.

Facility	Address
Albert Teglia Community Center	285 Abbott St.
Bayshore Community Center	450 Martin St.
Cafe Doelger	101 Lake Merced Blvd.
Gellert Park Clubhouse/ Picnic Shelter	50 Wembley Dr.
Hillside Clubhouse	222 Lausanne Ave.
Larcombe Clubhouse	99 Lake Merced Blvd.
Lawson Hall	125 Accacia St.
Lincoln Park Community Center	901 Brunswick St.
Marchbank Clubhouse	10 S. Parkview Ave.
Merced Room/ Pacelli Event Center	145 Lake Merced Blvd.
War Memorial Community Center Activity Room/ Upper Gym	6655 Mission St.

Park Locations

Facility/ Address	Capacity	Picnic Area	BBQ Pits	Play Area	Basketball Courts	Tennis Courts	Ball Field	Dog Area
Alta Loma Park	365 Alta Loma Ave.	x		x				
Arden Park	2 Arden Ct	x	x	x				
Bayshore Heights Park	400 Martin St	x	x	x				
Broderick-Terry Dueling Site Park	50 El Portal Way	x						
Dan Gilbrech Park	Frankfort St and Acton St	x	x	x	x			
David R. Rowe Park	45 Midway Dr			x	x		x	
Edgewood Park	173 East Vista Ave	x		x	x			
Gellert Park	50 Wembley Dr	x	x	x	x	x	x	
Hillside Park	222 Lausanne Ave	x		x	x	x		
Lincoln Park	901 Brunswick St	x		x	x			
Longview Park	50 Longview Dr	x						
Marchbank Park	10 S. Parkview Ave	x	x	x	x		x	
Mission Hills Park	Frankfort St & Guttenburg St	x		x	x			x
Northridge Park	Northridge Dr & Carmel Ave	x	x	x	x			
Palisades Park	Palisades Dr & Westridge Ave	x	x	x	x			x
Polaris Park	247 Polaris Way	x		x				
Sullivan Skate Park	Sullivan Ave between 91st & 92nd							
Thornton Beach Vista	Far West end of John Daly Blvd							
Westlake Park	145 Lake Merced Blvd	x		x		x	x	
Camelot Tot Lot	55 Camelot Ct	x		x	x			
Cameo Tot Lot	88 Cameo Ct	x		x				
Centerbury Tot Lot	120 Canterbury Ave	x		x	x			
Hampshire Tot Lot	96 Hampshire Ave	x		x	x			
John Daly Tot Lot	Hillcrest Dr & Santa Barbara Ave	x		x				
Lycett Tot Lot	56 Lycett Cr	x	x	x	x			
Norwood Tot Lot Avenue	8 Norwood Ave	x	x	x				



Library

Ongoing Programs for Adults

● Locations & Hours

Serramonte Main

40 Wembley Drive

Monday - Tuesday, 10:00a - 8:00p

Wednesday - Friday, 10:00a - 6:00p

John Daly Branch

134 Hillside Boulevard

Monday, 10:00a - 6:00p

Wednesday, 12:00 - 8:00p

Friday, 12:00 - 6:00p

Westlake Branch

275 Southgate Avenue

Tuesday, 12:00 - 8:00p

Wednesday - Thursday, 10:00a - 6:00p

Friday, 12:00 - 6:00p

Saturday, 10:00a - 5:00p

Bayshore Branch

460 Martin Street

Tuesdays & Thursdays, 10:00a - 6:00p

Library online resources can be found at www.dalycitylibrary.org.

2nd Thursday Book Club

Visit www.dalycity.org/bookclub for this year's book selections.

Serramonte Main

2nd Thursdays at 2:00p

Knitting for Everyone

Westlake Branch

3rd Wednesdays at 10:30a

Tech Tutorial

Technology assistance one-on-one

Serramonte Main

Mondays, 12:00 - 2:00p

Westlake Branch

Tuesdays, 1:00 - 2:00p

Bayshore Branch

Thursdays, 2:00 - 3:00p

Discover & GO

Use your library card to log on and print free tickets to over 40 popular California destinations. Visit: dalycity.discoverandgo.net



Ongoing Programs for Kids

Storytimes

Bouncing Babies (Ages 0 - 23 months): Join us as we share stories, rhymes, and songs for young children to reinforce language development and print awareness.

Family Storytime (Ages 2 - 5 years): Kick-start your morning with songs and stories. Introduce new concepts and sharpen reading readiness skills in a social and fun environment.

Bayshore Branch,
Thursdays at 4:15p (Family)

John Daly Branch
Wednesdays at 6:00p (Family)

Serramonte Main
Tuesdays at 10:15a (Family)
Thursdays at 10:15a (Bouncing Babies)

Westlake Branch
Wednesdays at 10:15a (Bouncing Babies)
Thursdays at 10:15a (Family)

Coder Dojo

A club that provides kids self-guided learning opportunities, where kids determine their interests in exploring and creating code in a family-friendly learning environment. To register, visit coderdojo.com.

Serramonte Main
1st & 3rd Tuesdays, 6:00 - 8:00p

Paws for Tales

Youth (Ages 5+) read to a therapy dog. (In partnership with the Peninsula Humane Society & SPCA)

Serramonte Main
1st Wednesday of the month
at 4:30p

- July TBA
- August 7
- September 4
- October 2
- November 6

Westlake Branch
4th Wednesday of the month
at 4:30p

- July 24
- August 28
- September 25
- October 23
- November 20

3D Printing

The library has 3D printers available to the public to print three-dimensional objects in plastic (PLA), using a design that is submitted as a digital file. The printers are currently at the Serramonte Main Branch and the Westlake Branch. For more information, contact the branch or visit www.dalycity.org/3DPrinting.

ABC Mouse

ABCmouse teaches children through books, games, songs, puzzles, videos, and more, making learning fun and exciting! Now it's available for you to check out and use at home. Get started by visiting www.abcmouse.com/bringlearninghome and entering your library card number!



Calendar of Events

June

- 24 Take Your Felt Food to Go
Serramonte Library, 3:00p
- 25 Watercolor Zooland
Bayshore Library, 3:00p
- 26 Magician Michael Stroud
John Daly Library, 2:00p
- 27 DIY Paper Kite Mobile
Westlake Library, 3:00p

July

- 8 Marble Maze Madness
Serramonte Library, 3:00p
- 9 DIY Paper Kite Mobile
Bayshore Library, 3:00p
- 10 Take Your Felt Food to Go
John Daly Library, 3:00p
- 11 Watercolor Zooland
Westlake Library, 3:00p
- 19 Music with Teacher Barb
Westlake Library, 1:00p
- 22 DIY Paper Kite Mobile
John Daly Library, 3:00p
- 23 Take Your Felt Food to Go
Bayshore Library, 3:00p
- 24 You're Tugging at My Heart Strings
Serramonte Library, 3:00p
- 25 Take Your Felt Food to Go
Westlake Library, 3:00p

August

- 2 Push, Pull, Crash: Science Experiments
Serramonte Library, 2:00p
- 5 DIY Paper Kite Mobile
Serramonte Library, 3:00p
- 6 You're Tugging at My Heart Strings
Bayshore Library, 3:00p
- 7 Marble Maze Madness
John Daly Library, 3:00p
- 16 Fur, Tails, and Scales
Westlake Library, 1:00p

Summer Learning

The Summer Learning Challenge starts June 1st. This free program is a great way to get or keep your family reading, exploring, and learning over the summer. Join at any local library, or catch us out and about at schools, malls, and community events.

Every child who participates gets a free book and log. Every time they come into the library or attend a library program, they get a raffle ticket for great prizes like Giants' tickets, museum passes, gift cards, and more. When they finish the log, they will receive another book and be entered into the end-of-summer \$1,000 scholarship drawing. They can complete more logs for more prizes!

Each week, the Library hosts fun hands-on activities. In addition to the scheduled programs listed here, we also have pop-up programs each week. Follow us @dalycitylibrary on Facebook, Instagram, or Twitter to find out when and where.

The Summer Learning Challenge helps your child beat the "summer slide," the loss in academic achievement gains made during the school year. Research shows that children can fall back one to two months in reading skills during the summer break and the slide is cumulative, so by fifth grade, summer learning loss can leave students years behind.

This program runs until August 31st. Join any time during the summer.

The Summer Learning Challenge is a cooperative program coordinated by the San Mateo County Libraries in partnership with the city libraries of Burlingame, Daly City, Menlo Park, Redwood City, San Bruno, San Mateo and South San Francisco. The free books, outreach materials, and scholarships are funded through San Mateo County's Measure K.

Summer Reading Challenge
End of the Summer Celebration
John Daly Library
Friday, August 16, 7:00 - 8:00p

Games, Prizes, Fun

**DUGGAN'S
SERRA MORTUARY**

Celebration of Life
& Receptions



Matt, Bill, Dan and Joey Duggan

650/756-4500

Call for a FREE brochure on Pre-Planning
"My Funeral, My Cremation, My Way" (R)

Duggan's Serra Mortuary

Proudly Serving Daly City for over 50 Years
500 Westlake Avenue
Daly City, CA FD1098

Dan Duggan, Board Member, of
Supporters of Doelger Senior Center
Teresa Proaño, Daly City Planning Commissioner

**WE ARE
HIRING**

JOIN OUR TEAM!

Daly City's Recreation Division is hiring part-time Recreators! Recreators work flexible hours, with opportunities to build experience and give back to the community. Current positions available:

Lifeguard
Facility Attendant
Youth Program Leader

To apply or more information, visit www.calopps.org and search "Daly City Recreation".

For inquiries, please call (650) 991-8001 or send email to active@dalcycity.org.

#dalycityrec

VOLUNTEER

As a Meals on Wheels Driver Today!



VOLUNTEER

TODAY to become a Meals on Wheels Driver in your community!

PROVIDE

hot meals to seniors from Daly City to East Palo Alto (Monday - Friday)

HELP

deliver healthy meals to homebound, disabled and vulnerable aging adults



MEALS on WHEELS[®]
SAN MATEO COUNTY

CONTACT
Ann Eisenberg
650.272.5108 or aeseenberg@penvol.org



Active Adult

Locations

To enhance the quality of life and promote wellness by providing social, educational and recreational opportunities to all adults 50 years and older.

For questions about Active Adult programs, services and volunteer opportunities, please contact the below locations:

Doelger Senior Center
101 Lake Merced Boulevard
(650) 991 - 8012
Weekdays, 9:00a - 4:00p

Lincoln Park Community Center
901 Brunswick Street
(650) 991 - 8018
Weekdays, 8:30a - 3:30p

Volunteer Opportunities

There are volunteer opportunities in the following areas:

- Food Service: Deli/ Cafe
- Library/ Lounge/ Boutique
- Receptionist/ Office Assistant
- Class Instructor/ Activity Leader

Holidays

Memorial Day
Monday, May 27, 2019

Independence Day
Thursday, July 4, 2019

Labor Day
Monday, September 2, 2019

Ongoing Services

Service	Day	Time	Location
Boutique	M - F	10:00a - 1:30p	Doelger Senior Center, Rm. 8
Elinor J. Charleston Library	M - F	9:00a - 3:00p	Doelger Senior Center, Rm. 4
Garden Deli	M - F	9:00a - 1:30p	Doelger Senior Center, Rm. 8
Lounge	M - F	9:00a - 3:00p	Doelger Senior Center, Rm. 2

Health & Screening Services

Service	Day	Time	Location
Blood Pressure Screenings Alison Kirkwood, RN	M (Varies)	9:30a - 12:00p	Doelger Senior Center, Rm. 1
Healthy Aging Response Team (HART) For more info, call (650) 991-5558.	M - F	9:00a - 4:30p	Doelger Senior Center, Rm. 13
HICAP of San Mateo County For more info, call (650) 627-9350.	T TH	10:00a - 1:00p	Doelger Senior Center, Rm. 3 Larcombe Clubhouse Annex
Massage Therapy* Jennifer Ng, C.M.T.	M - W	9:00a - 1:00p	Doelger Senior Center, Rm. 16
Jaime Yamamura, C.M.T.	TH		
Wise & Well Health Screenings Janel Jurosky, RN, MSN Call (650) 696 - 7663 for info.	1st TH of Month	9:00 - 10:30a	Lincoln Community Center

*30 Min.: \$30 Seniors/ \$35 Non-Seniors; 1 - Hour: \$50 Seniors/ \$65 Non-Seniors

Calendar of Events

June

- DOELGER SENIOR CENTER
- 5 Birthday Celebration
 - 10 Advisory & Planning Council Meeting
 - 14 Father's Day Lunch
- LINCOLN PARK COMMUNITY CENTER
- 14 Philippine Independence Day

July

- DOELGER SENIOR CENTER
- 3 Independence Day Celebration*
 - 10 Birthday Celebration

August

- DOELGER SENIOR CENTER
- 14 Birthday Celebration
 - 28 Cafe Closed for Cleaning

*Supporters of Doelger Senior Center, Inc. is a 501c3 non-profit. Events are for members. For more information, see page 13.

Activities

Activity/ Program	Fee	Day	Time	Location
Billiards/ Pool	Free	M-F	10:00a - 3:00p	Doelger Senior Center, Rm. 2
Bingo (High Stakes)* <i>Sheila Lum</i>	\$10.00	T	1:00 - 3:30p	Doelger Senior Center, Cafe
Bingo (Saturdays)* <i>Alvin Low</i>	\$.50/ card	SAT	11:00a - 4:00p	Doelger Senior Center, Rm. 7
Bocce Ball <i>Marian Mann</i>	Free	M/T/TH/F	10:00a - 12:00p	Doelger Senior Center, Bocce Court
Book Review <i>Susan Impola</i>	\$2.00	3rd M of Month	1:30 - 3:00p	Doelger Senior Center, Rm. 4
Bread Distribution <i>Andrea Adamson</i>	Free	W/TH/F	8:30 - 11:00a	Doelger Senior Center, Rm. 3
Bridge, Duplicate <i>Chris Nelson</i>	\$2.00	M	9:00a - 12:00p	Doelger Senior Center, Rm. 7
Canasta <i>Liz Hamre</i>	\$2.00	1st & 3rd TH	1:00 - 3:30p	Doelger Senior Center, Cafe
Computer Open Lab	\$2.00	TH	1:00 - 3:00p	Doelger Senior Center, Rm. 3

*Proceeds go to the Supporters of Doelger Senior Center, Inc. is a 501c3 non-profit, supporting the Doelger Senior Center.

Activities

Activity/ Program	Fee	Day	Time	Location
Garden Social <i>Joann Sangiacomo</i>	\$2.00	W	10:30a - 12:00p	Doelger Senior Center, Rm. 5
Grupo Latino <i>Sandra Solis-Johnsen</i>	\$2.00	W	10:00a - 12:00p	Doelger Senior Center, Rm. 1
Karaoke <i>Tat Cheung</i>	\$3.00	TH	12:00 - 4:00p	Doelger Senior Center, Rm. 7
Mahjong <i>Rowena Ancheta</i>	\$2.00	M/F	9:30a - 12:00p	M - Doelger Senior Center, Rm. 5 F - Doelger Senior Center, Rm. 7
Origami <i>Shirley Ting</i>	\$3.00	T	10:30a - 12:00p	Doelger Senior Center, Rm. 14
Ping Pong <i>Mee Wong</i>	Free	M/T/W/F	1:00 - 4:00p	Doelger Senior Center, Rm. 7
Ping Pong	Free	T* TH/F	1:00 - 4:00p 2:45 - 4:15p	Lincoln Park Community Center
Senior Club Bingo	Free	W - F	1:00 - 2:30p	Lincoln Park Community Center
Sing-a-Long <i>Abby Margolis</i>	Free	3rd W of Month	11:00a - 12:00p	Doelger Senior Center, Cafe
Walkabout at Serramonte <i>Teresa Massey</i>	Free	W/F	8:30 - 9:30a	Serramonte Center
Zumba Gold (Video)	Free	W	3:00 - 4:00p	Lincoln Park Community Center

*Except the 4th Tuesday of the Month

Mature Drivers Program by AARP

Older Adults will learn or refresh themselves with state specific driving rules to ensure they remain independent and safe. This defensive driving class may help you obtain a discount on your vehicle insurance. If interested, please register at Doelger Senior Center in person or by calling (650) 991 - 8012.

Attend both half day classes, from 1 - 5pm. Renewal class is for those who have taken the class within 3 years.

Tuesday, May 28 (Renewal)

Tuesday/Wednesday, July 23 & 24

Tuesday, June 25 (Renewal)

Doelger Senior Center, Room 5

\$15 check (no cash) for AARP members, \$20 check (no cash) for non-members and a \$2 (cash) Doelger Senior Center fee.

Duggan's My Funeral, My Cremation, My Way

"Duggan's My Funeral, My Cremation, My Way"

This is a free interactive Workshop at Doelger Senior Center. Celebrate how truly special you are and preserve your legacy by learning about Memorial Ceremony Ideas, Special Keepsakes, Military Honors, Personalized Service Programs, Reception Locations and more. You will also receive free personal planning guide. Refreshments will be served. Free raffle/prizes. For more information, please contact Nick Proano, Duggan's Serra Pre-Planning Manager, (650) 756-4500.

Workshop offered on the following days at 1:00pm.

Thursday, June 13

Tuesday, July 9

Tuesday, June 18

Thursday, July 18

Thursday, June 27

Doelger Senior Center Room 5, 101 Lake Merced Boulevard

Nick Proano, Duggan's Serra Pre-Planning Manager, (650) 756-4500

FREE

Diabetes Education Empowerment Program

The Empowerment Education Program (DEEP) is a free program and is facilitated by the Mills Peninsula Senior Focus Program. The workshop series encourages lifestyle changes while learning about diabetes and the way it impacts your health. Enjoy the benefits of a healthier, more energetic lifestyle.

Class is for diabetic and pre-diabetic individuals, 60 years old and over. Must attend all 6 classes.

To register, please call (650) 696-7663.

Fridays, July 5 - August 9, 2019

9:00a - 12:00p

Doelger Senior Center Room 5, 101 Lake Merced Boulevard

Mills Peninsula Senior Focus Program, (650) 696-7663.

FREE

Congregate Nutrition Program

Lunch Program

The Congregate Nutrition Program is partially subsidized by Older American Act Funds. There is a suggested donation for meals, but everyone 60 and over is welcome, regardless of ability to contribute. Meals are prepared and served by Daly City staff with the support of volunteers.

Lunch is served Monday through Friday at 12:00 pm.

All luncheons have limited space, with special event days filling up fast. It is recommended that lunch tickets are obtained in advance. Menus are available at each location or online at www.dalycity.org/menu.

All meals served with:

- 1 Slice of Whole Wheat Bread
- 1/2 Cup Serving of Fruit
- 8 oz. of 1% Low Fat Milk

Eligible Participants

Individuals eligible to receive a meal at a congregare nutrition site are:

1. Any individual 60 years or older;
2. A spouse of an eligible individual;
3. A person with a disability, under age 60 who resides in a housing facility occupied primarily by older individuals at which congregare nutrition services are provided;
4. A disabled individual who resides at home with and accompanies an eligible individual who participates in the program; and
5. A volunteer under age 60, if doing so will not deprive an older individual 60 or older of a meal.

Guests

1. Any individual under 60 years.
2. An individual who is 60 years and older, but has not completed a client intake form.

Locations

Doelger Senior Center

\$3.50 suggested donation for eligible participants

\$7.00 fee for guests

SPECIAL EVENTS

\$5.00 suggested donation for eligible participants

\$10.00 fee for guests

Lincoln Community Center

\$2.00 suggested donation for eligible participants

\$7.00 fee for guests

Lunch Menu

Quarterly menus are available at:

- Doelger Information Office, Room 16
- Recreation Administration Office, Room 9
- Lincoln Park Community Center
- Online at www.dalycity.org/menu

CITY OF DALY CITY DEPARTMENT OF LIBRARY & RECREATION SERVICES

CONGREGATE NUTRITION PROGRAM

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DOELGER SENIOR CENTER
 609 Lake Mead Boulevard
 \$3.50 suggested donation for those 60 years and over
 \$7.00 charge for those under 60 years
 Call 616 at 616.991-8012

LINCOLN COMMUNITY CENTER
 305 Broadway Street
 \$2.00 suggested donation for those 60 years and over
 \$7.00 charge for those under 60 years
 Call 616 at 616.991-8016

VOLUNTEER OPPORTUNITIES
 Volunteers support staff in preparing for the Congregate Nutrition Program at each location. Volunteers prep and serve food, as well as serve and clean up. For more information contact specific location.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 White Round Bread & Raisin Toast Lentils & Tomato, Sweet Potato, & Fruit Vegetables, & Fruit	3 Roasted Pork Loin Red Potatoes, Vegetables, & Fruit	4 Roasted Salmon Wild Rice, Vegetables, & Fruit	5 ***** White Soft Shell Crab Butter Red Sauce Rabbit Cakes Spinach, Vegetables, & Fruit	6 Roasted w/ Sweet Potato Tossed Salad, & Fruit
9 French Onion Soup Chicken Caesar Salad, & Fruit	10 Taco Salad Plate Black Beans, & Fruit	11 ***** Roasted Chicken Pork Tenderloin Mashed Sweet Potatoes, Vegetables, Fruit, & Birthday Cake	12 Chicken Marsala Wild Rice, Potatoes, Vegetables, & Fruit	13 Beef Liver w/ Mashed Potatoes Mashed Potatoes, Vegetables, & Fruit
16 Beef Cured Pork Steak, Potatoes, Vegetables, & Fruit	17 Beef w/ Red Sauce Lentils, Potatoes, Vegetables, & Fruit	18 Roasted Chicken w/ Soybean & Sweet Sauce Black Beans, Vegetables, & Fruit	19 Beef Tenderloin Sweet Potato, & Fruit	20 Meatloose w/ Mashed Potatoes Corned Beef, Potatoes, & Fruit
23 Sweet Chicken Country Green, Veg, Potatoes, & Fruit	24 Spaghetti Pie Vegetables, & Fruit	25 Turkey Burger Potatoes, Sweet Potatoes, Mashed Potatoes, Vegetables, & Fruit	26 Meat Loaf w/ Mashed Potatoes, Vegetables, & Fruit	27 Meatloaf w/ Mashed Potatoes, Vegetables, & Fruit
30 ***** Sausage Pile Dip w/ Vegetables, Cheese, Lettuce & Tomatoes, & Fruit	***** Special Events \$5.00 suggested donation for those 60 years and over \$10.00 charge for those under 60 years			

All meals served with 1 slice of whole wheat bread & 1/2 cup serving of fruit.

Supporters of Doelger Senior Center, Inc. in conjunction with
the City of Daly City's Department of Library and Recreation Services
invite you to the annual



INDEPENDENCE DAY CELEBRATION

Wednesday, July 3, 2019

10:30am - 1:30pm

Westlake Park, 101 Lake Merced Blvd., Daly City

11:00am Welcome & Color Guard



BBQ, Bake Sale, No Host Bar & Vendors

Served: 11:30am - 1:00pm

BBQ 

All lunch plates come with Potato Salad,
Baked Beans, Apple Pie and Beverage

Hot Dog or Burger Plate

\$7 Members

\$9 Non- Members

Tickets available in Rm 16 Starting June 3, 2019 thru day of event



BBQ Chicken Plate

\$12 Members

\$15 Non-Members

Presale tickets available in Rm 16 until June 28, 2019.

Limited BBQ plate tickets available the day of event.

All proceeds benefit the Doelger Senior Center
Please call (650) 991-8012 for Membership and additional information

Classes



Class Information

Fees are shown as resident (R) and non-resident (NR). Classes with codes require registration, either in person or online prior to start of class. If class code shows “Drop-in,” pre-registration is not required and fee is paid directly to instructor.

Locations

Doelger Senior Center
101 Lake Merced Boulevard

Gellert Park
50 Wembley Drive

Larcombe Clubhouse
99 Lake Merced Boulevard

Lincoln Park Community Center
901 Brunswick Street

Marchbank Clubhouse
10 S. Parkview Drive

Merced Room/Pacelli Gym
145 Lake Merced Boulevard

Performing Arts Center
200 Northgate Avenue

War Memorial Community Center
6655 Mission Street

Holidays

Classes and programming will not be held on the following dates:

Memorial Day
Monday, May 27, 2019

Independence Day
Thursday, July 4, 2019

Labor Day
Monday, September 2, 2019

For other dates where classes and programs will not be held, check with instructor or visit www.dalycity.org/iplay.

Ways to Register

Online:

www.dalycity.org/iplay

In person:

Department of Library and Recreation Services
Administration Office
111 Lake Merced Boulevard
Daly City, CA 94015

Hours:

Tuesday - Friday, 8:30am - 4:30pm

Refund Policy

If a customer withdraws from a program or class less than five business days prior to its start date, the customer shall receive a credit less a \$10 processing fee.

If a customer withdraws after a program or class has commenced, the customer shall receive a partial credit. The amount of this partial credit shall be pro-rated based on the number of remaining sessions, less a \$10 processing fee. Refunds shall not be issued.

For full Refund Policy, refer to page 2.

Arts & Crafts

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
“Art with Nana” Summer Intergenerational Fun! <i>Alan Olson</i>	50+	Drop-in	\$3.00	F	6/7/19 - 8/30/19	1:00 - 3:00p	Doelger Senior Center, Rm. 6
Beginner’s Art Techniques <i>Alan Olson</i>	50+	Drop-in	\$4.00	M	6/3/19 - 8/26/19	1:00 - 2:30p	Doelger Senior Center, Rm. 6
Ceramics* <i>Esther Yung</i>	18+	Drop-in	\$5.00*	TH	7/11/19 - 9/26/19	10:00a - 12:30p	Doelger Senior Center, Rm. 6
Crochet/Hawaiian Crafts <i>Maureen Chung</i>	50+	Drop-in	\$2.00	T	Ongoing	10:00a - 12:00p	Doelger Senior Center, Rm. 1
Drawing Demonstration/ Open Studio <i>Alan Olson</i>	50+	Drop-in	\$4.00	W	6/5/19 - 8/28/19	1:00 - 2:30p	Doelger Senior Center, Rm. 6
Fun Crafts <i>Alan Olson</i>	50+	Drop-in	\$3.00	W	6/5/19 - 8/28/19	11:00a - 12:00p	Doelger Senior Center, Rm. 6
Knitting with Rose <i>Rose Wilson/Lilly Carter</i>	50+	Drop-in	\$3.00	T	Ongoing	10:00a - 12:00p	Larcombe Clubhouse
Needles, Hooks and Pins <i>Laura Hollander</i>	50+	Drop-in	\$2.00	TH	Ongoing	1:00 - 4:00p	Doelger Senior Center, Rm. 1
Origami <i>Shirley Ting</i>	50+	Drop-in	\$3.00	T	Ongoing	10:15 - 11:30a	Doelger Senior Center, Rm. 14
Painting Workshop <i>Alan Olson</i>	50+	Drop-in	\$4.00	T	6/4/19 - 8/27/19	1:00 - 2:30p	Doelger Senior Center, Rm. 6
Portrait Practice <i>Alan Olson</i>	50+	Drop-in	\$3.00	T	6/4/19 - 8/27/19	10:30a - 12:00p	Doelger Senior Center, Rm. 6
Quilting <i>Loraine Strong</i>	50+	Drop-in	\$2.00	W	Ongoing	1:00 - 4:00p	Doelger Senior Center, Rm. 1
Zen & Art of Knitting <i>Carole Warner</i>	18+	Drop-in	Free	T	Ongoing	10:00a - 12:00p	War Memorial Conference Rm.

*Drop-in fee and additional \$10 monthly material fee.

Child Development

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Open Tot Gym	0 - 5	Drop-in	\$3.00	M	Ongoing	11:30a - 2:30p	Merced Room
	0 - 5	Drop-in	R: \$4.50 NR: \$5.75	W/F	Ongoing	10:00a - 2:00p	Pacelli Gym
Preschool Academy (Mornings) <i>Viviana Lumanauw</i>	3.5 - 5	12436	R: \$272 NR: \$282	T/TH	6/11/19 - 8/1/19	10:00a - 12:00p	Gellert Park Clubhouse
Preschool Academy (Afternoons) <i>Viviana Lumanauw</i>	4 - 5	12435	R: \$272 NR: \$282	T/TH	6/11/19 - 8/1/19	12:30 - 2:30p	Gellert Park Clubhouse
Tiny Tot (Mornings) <i>Judy Steers</i>	3.5 - 5	12453	R: \$340 NR: \$350	T/TH	6/4/19 - 8/13/19	10:00a - 12:00p	Performing Arts Center, Rm 12
Tiny Tot (Mornings) <i>Maria Santos</i>	3.5 - 5	12454	R: \$330 NR: \$340	M/W	6/3/19 - 8/7/19	10:00a - 12:00p	Performing Arts Center, Rm 12
Tiny Tot (Afternoons) <i>Judy Steers</i>	4 - 5	12451	R: \$340 NR: \$350	T/TH	6/4/19 - 8/13/19	12:30 - 2:30p	Performing Arts Center, Rm 12
Tiny Tot (Afternoons) <i>Maria Santos</i>	4 - 5	12452	R: \$330 NR: \$340	M/W	6/3/19 - 8/7/19	12:30 - 2:30p	Performing Arts Center, Rm 12

Dance

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Aerobic Line Dance <i>Marlene Bazdarich</i>	18+	Drop-in	\$4.00	M	7/1/19 - 9/30/19	7:00 - 8:30p	Larcombe Clubhouse
Afro-American Line Dance <i>Novella Peterson</i>	18+	Drop-in	\$4.00	SAT	7/6/19 - 9/28/19	10:00a - 12:00p	Doelger Senior Center, Rm. 5
Ballroom Dance	18	Drop-in	\$6.00	M	Ongoing	1:00 - 4:00p	Lincoln Park Community Center
Big Band Line Dance <i>Susan Cerri</i>	50+	Drop-in	\$4.00	F	Ongoing	10:45a - 12:00p	Larcombe Clubhouse

Dance

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Country Western Line Dance <i>Diana Ward</i>	50+	Drop-in	\$4.00	TH/F	7/5/19 - 9/27/19	9:00 - 10:30a	Larcombe Clubhouse
Country Western Line Dance (Adv. Beginner) <i>Jeanette Feinberg</i>	50+	Drop-in	\$5.00	T	7/2/19 - 9/24/19	1:30 - 3:00p	Larcombe Clubhouse
Country Western Line Dance (Intermediate) <i>Jeanette Feinberg</i>	50+	Drop-in	\$5.00	W	7/3/19 - 9/25/19	1:15 - 3:00p	Larcombe Clubhouse
Hawaiian Dance <i>Hula Halau 'O Makalapua</i>	21+	12420	R: \$115 NR: \$125	W	6/5/19 - 8/7/19	10:30 - 11:30a	Larcombe Clubhouse
Hawaiian Hula <i>Mili Aranda</i>	18+	12421	R: \$60 NR: \$70	Every Other F	6/7/19 - 8/9/19	1:00 - 2:00p	War Memorial Upper Gym
International Music Line Dance	18+	Drop-in	Free	M/F	Ongoing	10:00 - 11:30a	Lincoln Park Community Center
Mexican Folk Dance for Youth & Parents <i>Alexis Lopez/Marianna Roman</i>	3.5+	12430	R: \$30 NR: \$40	SAT	6/8/19 - 8/10/19	9:00 - 11:30a	Marchbank Clubhouse
Modern Line Dance <i>Roland Ditan</i>	18+	Drop-in	\$5.00	W	6/5/19 - 8/7/19	7:00 - 8:00p	Merced Room
Soul Line Dance <i>Novella Peterson</i>	50+	Drop-in	\$4.00	W	7/3/19 - 9/25/19	6:00 - 8:00p	Larcombe Clubhouse
Soul Line Dance <i>Gladys "Pebbles" White</i>	18+	Drop-in	\$5.00	M	7/1/19 - 9/30/19	12:30 - 2:00p	War Memorial Upper Gym
Tap Dance <i>Anne Pacheco</i>	50+	Drop-in	\$3.00	TH	Ongoing	1:00 - 3:00p	Larcombe Clubhouse
Tap Dance, Intermediate I <i>Dr. Yuko Franklin</i>	50+	Drop-in	\$3.00	M	Ongoing	12:00 - 2:00p	Larcombe Clubhouse

Life Enrichment

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Chinese ESL	18+	Drop-in	\$4.00	M	Ongoing	8:30 - 10:30a	Lincoln Park Community Center
Current Events <i>Frank Damon</i>	50+	Drop-in	\$2.00	T	Ongoing	10:30a - 12:00p	Doelger Senior Center, Rm. 5
“Duggan’s My Funeral, My Cremation, My Way” <i>Nick Proano</i>	50+	Drop-in	Free	TH	6/13/19	1:00 - 2:30p	Doelger Senior Center, Rm. 5
	50+	Drop-in	Free	T	6/18/19	1:00 - 2:30p	Doelger Senior Center, Rm. 5
	50+	Drop-in	Free	TH	6/27/19	1:00 - 2:30p	Doelger Senior Center, Rm. 5
	50+	Drop-in	Free	T	7/9/19	1:00 - 2:30p	Doelger Senior Center, Rm. 5
	50+	Drop-in	Free	TH	7/18/19	1:00 - 2:30p	Doelger Senior Center, Rm. 5
German Class <i>Inge Walcott</i>	18+	Drop-in	Free	M	Ongoing	10:00 - 11:45a	Lincoln Park Community Center
History: Distinguished American Biographies <i>Frank Damon</i>	50+	Drop-in	\$2.00	M	Ongoing	1:00 - 3:00p	Doelger Senior Center, Rm. 5
Living Trust & Other Estate Planning <i>Randy Schmidt</i>	50+	13595	\$10.00	SAT	6/22/19	11:00a - 12:00p	Doelger Senior Center, Rm. 3
	18+	12427	\$10.00	W	9/11/19	1:00 - 2:00p	Doelger Senior Center, Rm. 3
Memoir Writing <i>Dolores Fierro</i>	50+	Drop-in	\$2.00	M	Ongoing	1:00 - 2:30p	Doelger Senior Center, Rm. 1
Online Driver’s Education <i>Economic Driving School</i>	15+	8190	\$41.10*	www.economicdrivingschool.com/online *Must use “Where did you hear about us code” 8190 and “Promo code” 1978.			
Spanish <i>Enrique Leon Pinzon</i>	18+	Drop-in	Free	W	Ongoing	3:00 - 4:00p	War Memorial Activity Room
Spanish (Beginner)	18+	Drop-in	Free	T	Ongoing	9:00 - 10:30a	Lincoln Park Community Center
Tagalog <i>Dolores Fierro</i>	18+	Drop-in	Free	T	Ongoing	10:30a - 12:00p	Lincoln Park Community Center

Martial Arts & Mind/Body Wellness

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Chen Tai Chi & Application <i>Tony Wong</i>	18+	12410	R: \$85 NR: \$95	TH	6/6/19 - 8/22/19	7:00 - 9:00p	Doelger Senior Center, Rm. 14
Chen Tai Chi Beginning & Qi Gong <i>Tony Wong</i>	18+	12411	R: \$75 NR: \$85	M	6/3/19 - 8/19/19	7:30 - 9:00p	Doelger Senior Center, Rm. 14
Fan & Sword Dance <i>Phillip Wan</i>	18+	Drop-in	Free	W	Ongoing	10:00 - 11:00a	War Memorial Upper Gym
Hapkido, Tae Kwon Do & Brazilian Jiu Jitsu <i>George & Erene Niemi</i>	13+	12419	R: \$150 NR: \$160	T/F	7/2/19 - 9/27/19	7:30 - 9:30p	Larcombe Clubhouse
Inner Yoga <i>Jaime Yamamura & Cheryl McCue</i>	18+	Drop-in	\$5.00	TH	7/11, 7/25, 8/1, 8/8, 8/29, 9/19 & 9/26	4:30 - 6:00p	Doelger Senior Center, Rm. 14
Karate: Do Haku Kai - Beginner/Intermediate (Youth/Teens) <i>Ric Sherrod</i>	6 - 16	12424	R: \$130 NR: \$140	T/TH	6/11/19 - 8/22/19	6:30 - 7:15p	T - Merced Room TH - Larcombe
Karate: Do Haku Kai - Intermediate/ Advanced (Youth/Teens/Adults) <i>Ric Sherrod</i>	7+	12423	R: \$155 NR: \$165	T/TH	6/11/19 - 8/22/19	7:15 - 8:15p	T - Merced Room TH - Larcombe
Stretch with Yoga <i>Linda Gould</i>	50+	Drop-in	\$5.00	M/W/F	7/1/19 - 9/30/19	2:30 - 4:30p	Doelger Senior Center, Rm. 14
Stretch with Yoga (Evenings) <i>Linda Gould</i>	18+	Drop-in	\$5.00	T	7/2/19 - 9/24/19	7:00 - 8:30p	Doelger Senior Center, Rm. 14
Tai Chi	18+	Drop-in	Free	M - F	Ongoing	8:30 - 9:30a	Lincoln Park Community Center
Tai Chi Chuan (Beginner & Advanced) <i>May Lin</i>	50+	Drop-in	\$2.00	T/TH	Ongoing	9:00 - 10:00a	Doelger Senior Center, Rm. 14
Tai Chi - Sword & Fan <i>Phillip Wan</i>	18+	Drop-in	Free	TH	Ongoing	10:30 - 11:30a	Lincoln Park Community Center
Yoga <i>Toni Belonogoff</i>	50+	Drop-in	\$2.00	M	Ongoing	11:15a - 12:15p	Doelger Senior Center, Rm. 14
Yoga <i>Claudia Jeung</i>	50+	Drop-in	\$2.00	F	Ongoing	11:15a - 12:15p	Doelger Senior Center, Rm. 14

Music

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Chinese Music & Opera	50+	Drop-in	Free	M/F	Ongoing	12:00 - 3:30p	Lincoln Park Community Center
Guitar <i>Enrique Leon Pinzon</i>	18+	Drop-in	Free	M	Ongoing	4:00 - 5:30p	War Memorial Activity Room
Guitar Class <i>Patrick Avera</i>	18+	Drop-in	\$5.00	W	7/3/19 - 9/25/19	11:00a - 12:30p	War Memorial Activity Room
Kanikapila Jam <i>Scott Tong</i>	50+	Drop-in	\$3.00	1st SAT of Month	Ongoing	1:00 - 4:30p	Doelger Senior Center, Rm. 5
Piano Workshop for Beginners <i>VIBO Music Instructors</i>	6 - 14	12320	R: \$160 NR: \$170	SAT	6/1/19 - 7/20/19	3:00 - 4:00p	VIBO Music School 1490 Ocean Ave. #2 (San Francisco)
Rock & Roll Jam Session <i>Roland Ditan</i>	18+	Drop-in	\$5.00	3rd SAT of Month	Ongoing	1:00 - 4:00p	Doelger Senior Center, Rm. 1
Rock & Roll Jam Session <i>Roland Ditan</i>	18+	Drop-in	\$5.00	T*	Ongoing	1:00 - 4:00p	Lincoln Park Community Center
Saxophone <i>Enrique Leon Pinzon</i>	8+	Drop-in	Free	F	Ongoing	3:00 - 5:00p	War Memorial Activity Room
Ukulele (Beginner) <i>Patrick Avera</i>	18+	Drop-in	\$2.00	M	Ongoing	3:00 - 4:30p	War Memorial Activity Room
Ukulele (Beginner) <i>Patrick Avera</i>	50+	Drop-in	\$5.00	TH	7/11/19 - 9/26/19	9:30 - 11:30a	Doelger Senior Center, Rm. 5
Ukulele (Intermediate/Advance) <i>Ellison Garlasa</i>	50+	Drop-in	\$5.00	TH	7/11/19 - 9/26/19	11:30a - 1:30p	Merced Room

*Except the 4th Tuesday of the Month

Sports & Fitness

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Adapted Fitness <i>Justin Castro</i>	50+	Drop-in	\$3.00	TH	Ongoing	10:15 - 11:15a	Doelger Senior Center, Rm. 14
Aerobic Exercise	18+	Drop-in	Free	TH/F	Ongoing	3:00 - 4:00p	Lincoln Park Community Center
Arthritis Exercise <i>Sandy Klitgaard</i>	50+	Drop-in	\$3.00	M/W	Ongoing	1:00 - 2:00p	Doelger Senior Center, Rm. 14
Arthritis Exercise <i>Yvonne Kissinger</i>	50+	Drop-in	\$3.00	F	Ongoing	1:00 - 2:00p	Doelger Senior Center, Rm. 14
Exercise & Fitness <i>Teresa Massey</i>	50+	Drop-in	\$3.00	T/TH	7/2/19 - 9/26/19	9:30 - 10:30a	Pacelli Gym
Exercise & Movement	18+	Drop-in	Free	M/W/F	Ongoing	11:15a - 12:15p	War Memorial Upper Gym
Kickboxing Aerobics <i>Erene Niemi</i>	13+	Drop-in	\$10.00	SAT	7/6/19 - 9/28/19	9:30 - 10:30a	Doelger Senior Center, Rm. 14
Lower Impact Interval Training <i>Nora Napier</i>	18+	12428	R: \$70 NR: \$80	T	6/4/19 - 8/6/19	5:30 - 6:30p	Doelger Senior Center, Rm. 5
Lower Impact Interval Training <i>Nora Napier</i>	18+	12429	R: \$63 NR: \$73	TH	6/6/19 - 8/8/19	7:00 - 8:00p	Doelger Senior Center, Rm. 5
Mid-Day Stretch & Flex/ Strength Training <i>Joan Peterson</i>	50+	Drop-in	\$3.00	T/TH	Ongoing	12:00 - 1:00p	Doelger Senior Center, Rm. 14
Milo Academy Basketball Training (K-3rd Grades) <i>Christian Dela Cruz</i>	5 - 8	Drop-in	\$15.00	T/TH	7/2/19 - 9/26/19	4:00 - 5:00p	War Memorial Lower Gym
Milo Academy Basketball Training (4th-8th Grades) <i>Christian Dela Cruz</i>	9 - 14	Drop-in	\$15.00	T/TH	7/2/19 - 9/26/19	5:00 - 6:00p	War Memorial Lower Gym
Pickleball	18+	Drop-in	\$4.00	S/W	Ongoing	6:00 - 9:00p	War Memorial Upper Gym
	18+	Drop-in	\$4.00	TH	6/21/19 - 8/9/19	11:00a - 2:00p	War Memorial Upper Gym
	18+	Drop-in	\$4.00	T/TH	8/20/19 - 12/19/19	11:00a - 12:00p	Pacelli Gym
Volleyball (Co-Ed) - Advanced <i>Katy Lee</i>	18+	12457	R: \$45 NR: \$55	M	6/10/19 - 8/19/19	8:30 - 10:30p	Pacelli Gym

Sports & Fitness

Class & Instructor	Age	Code	Fee	Day	Dates	Time	Location
Zumba Gold (<i>Video</i>)	18+	Drop-in	Free	W	7/11/19 - 9/26/19	3:00 - 4:00p	Lincoln Park Community Center
Zumba Gold <i>Claudia Rodas</i>	50+	Drop-in	\$5.00	M/W	7/1/19 - 9/30/19	9:30 - 10:30a	Doelger Senior Center, Rm. 14
Zumba Gold <i>Saida Ramirez</i>	18+	Drop-in	\$5.00	T/TH	7/2/19 - 9/24/19	10:00 - 11:00a	War Memorial Upper Gym
Zumba Gold <i>Olga Mejia</i>	50+	Drop-in	\$5.00	F	7/5/19 - 9/27/19	9:30 - 10:30a	Doelger Senior Center, Rm. 14
Zumba Gold <i>Nora Napier</i>	18+	12463	R: \$70 NR: \$80	M	6/3/19 - 8/5/19	5:30 - 6:30p	Doelger Senior Center, Rm. 14
Zumba Gold <i>Nora Napier</i>	18+	12462	R: \$70 NR: \$80	W	6/5/19 - 8/7/19	7:00 - 8:00p	Doelger Senior Center, Rm. 14
Zumba - Just Dance! Fitness <i>The Wright Sisters</i>	18+	12458	R: \$45 NR: \$55	TH	6/13/19 - 8/22/19	7:00 - 8:00p	Gellert Park Clubhouse
Zumba - Just Dance! Fitness (Express) <i>The Wright Sisters</i>	18+	12459	R: \$40 NR: \$50	T	6/11/19 - 8/13/19	7:30 - 8:15p	War Memorial Activity Room

Adult Open Gym

Sport	Age	Code	Fee	Day	Dates	Time	Location
Badminton	16+	Drop-in	R: \$6.00 NR: \$7.00	SUN	3/31/19 - 12/15/19	3:00 - 5:00p	War Memorial Lower Gym
Basketball	16+	Drop-in	R: \$6.00 NR: \$7.00	SUN	3/31/19 - 12/15/19	1:00 - 3:00p	War Memorial Lower Gym
	16+	Drop-in	R: \$6.00 NR: \$7.00	T/TH	6/18/19 - 12/15/19	7:00 - 9:00p	War Memorial Lower Gym
	16+	Drop-in	R: \$6.00 NR: \$7.00	T/W/TH	Ongoing	8:30 - 10:30p	Pacelli Gym
Volleyball	16+	Drop-in	R: \$6.00 NR: \$7.00	SUN	3/31/19 - 12/15/19	5:00 - 7:00p	War Memorial Lower Gym
	16+	Drop-in	R: \$6.00 NR: \$7.00	M	6/17/19 - 12/15/19	6:00 - 8:00p	War Memorial Lower Gym

JEFFERSON ADULT EDUCATION

Mission Statement

The mission of Jefferson Adult Education (JAE) is to provide adults in our community with quality education programs and skills needed to succeed in school, support their children's education, enter college, job training or career pathways that help them achieve their potential as productive and responsible members of a democratic society.

Courses Include:

ESL (ENGLISH AS A SECOND LANGUAGE & CITIZENSHIP)

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Students needing 30 credits or less can complete their HSD

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HIGH SCHOOL EQUIVALENCY (GED) EXAM PREP

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- Concert Band
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- Piano
- French
- Woodskills
- Spanish

Workforce Training:

- Office Technology
- Office Assistant Computer Skills
- Office Assistant Communication/Workforce Skills
- Career Power Skills
- ServSafe for Managers
- ServSafe for Food Handlers

**For more information
about courses visit:
www.jeffersonadulthood.net**

Career Technical Education (CTE):

DENTAL ASSISTANT

Sixty-hour course (60) plus 40 hours clinical.

CAREER TRAINING ONLINE (LEARN ANYTIME, ANYWHERE)

Several courses include clinical hours.
Visit www.myedtoday.com/juhsd.

Courses offered in the following career areas

- Health Care
- Business
- IT-Computers

Community Partners

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DALY CITY, CALIFORNIA

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Daly City, CA 94015

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2019 MARTIAL ARTS SUMMER CAMP

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Youth & Teens

Summer Youth Recreation Program

SYRP Information

This weekly program provides positive and exciting social experiences through recreation for youth ages 6 - 14 years old. It will focus on incorporating the four bases of character development: Confidence, Integrity, Leadership, and Teamwork.

Each week of SYRP will include games, crafts, sports, and activities related to the theme of the week. Optional trips, events, and AfterCare will be available for an additional fee.

For youth 11 - 14 years old, SYRP Explorers will be offered at Westlake and Gellert Park. Explorers will experience specialized games, activities, and field trips geared for their age.

Program Dates and Times:

Monday, June 10 - Friday, August 16, 2019

8:00am - 4:00pm/ AfterCare: 4:00p - 6:00p (Optional)

(Sites closed on Thursday, July 4)

Locations

Gellert Park, 50 Wembley Drive

Hillside Park, 222 Lausanne Avenue

Marchbank Park, 10 S. Parkview Avenue

Westlake Park, 145 Lake Merced Boulevard

Fees

Save by registering early! Register for any or all weeks on or before May 31, 2019 to get lowest fee! See weekly schedule for fees.

Scholarships are available for eligible applicants for this program. For more information, please visit www.dalycity.org/scholarship.

Ways to Register

Online:

www.dalycity.org/iplay

In person:

Department of Library and Recreation Services

Administration Office

111 Lake Merced Boulevard

Daly City, CA 94015

Hours:

Tuesday - Friday, 8:30am - 4:30pm

Scholarship

The "Build a Dream" Scholarship Program enables disadvantaged Daly City youth to participate in the exercise, education, and cultural arts activities offered by the Department of Library and Recreation Services.

To view the full Scholarship Policy, visit

www.dalycity.org/scholarship.

Summer Youth Recreation Program

Week	Dates	Fees		
		On or before 5/31	On or after 6/1 to Friday before start of week	On or after specified date below
Week 1: Magic of Summer (Gellert Only)	June 10 - 14	R: \$ 128/ NR: \$170	R: \$ 138/ NR: \$180 (6/1 - 6/7)	R: \$ 148/ NR: \$190 (On or after 6/8)
Week 2: Dive Into Summer	June 17 - 21	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 3: Super Summer	June 24 - 28	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 4: Summer Blast Off	July 1 - 5 (Closed July 4th)	R: \$ 80/ NR: \$100	R: \$ 90/ NR: \$110 (6/1 - 6/7)	R: \$ 100/ NR: \$120 (On or after 6/8)
Week 5: Hot Summer Knights	July 8- 12	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 6: Summer of the Stars	July 15- 19	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 7: S'more Summer	July 22- 26	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 8: Summer Carnival	July 29 - August 2	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 9: A Wild Summer	August 5 - 9	R: \$ 98/ NR: \$123	R: \$ 108/ NR: \$133 (6/1 - 6/7)	R: \$ 118/ NR: \$143 (On or after 6/8)
Week 10: Ahoy Summer (Westlake, Hillside & Marchbank Only)	August 12 - 16	R: \$ 128/ NR: \$170	R: \$ 138/ NR: \$180 (6/1 - 6/7)	R: \$ 148/ NR: \$190 (On or after 6/8)

SYRP Family Adventures & Events

Summer Information & Movie Night

Meet staff and get information from your favorite summer camp/program and the Library's Summer Reading Program! Stay for a FREE movie and popcorn!

Friday, June 7 at 7:00pm

Family Feast - Dinner and a Movie

Join us for a fun family feast fit for royalty! Enjoy a dinner and a movie. Includes main course, salad, beverage and a dessert.

Fee: \$20 per person

Friday, July 12 at 7:00pm

Talent Show

SYRP Participants will shine as they perform their talents on stage in front of family and friends. Family Acts invited to participate!

Fee: \$5 pre-sale online/ \$10 at door

Friday, July 19 at 6:30pm

Gym Sleep Over

Enjoy a fun filled night with activities like Glow-in-the-Dark Dodgeball, Light-Up Fun, and a Glow Party. Includes supervision, dinner, snacks, and breakfast

Fee: \$30

Friday, July 26 at 6:00p

Pick-up Saturday, July 27 at 10:00a

Summer Carnival

SYRP Participants will receive 15 tickets, lunch, jump house voucher, and snack voucher. Additional tickets available for sale. This event is open to the public!

Wednesday, July 31 at 1:00pm

All SYRP Family Adventures and Events are located at Westlake Park, 145 Lake Merced Boulevard. For more information visit www.dalycity.org/iplay.

Summer Camps

AQUATIC CAMPS	Code	Fee	Dates	Time	Location	Aftercare Available*
Aqua Camp (Ages 6 - 11)	13429	R: \$193/NR: \$218	6/17/19 - 6/21/19	8:00a - 5:00p	Giammona Pool	No
	13430	R: \$193/NR: \$218	6/24/19 - 6/28/19	8:00a - 5:00p	Giammona Pool	No
	13431	R: \$193/NR: \$218	7/8/19 - 7/12/19	8:00a - 5:00p	Giammona Pool	No
	13432	R: \$193/NR: \$218	7/15/19 - 7/21/19	8:00a - 5:00p	Giammona Pool	No
Guard Start (Ages 12 - 15)	13433	R: \$193/NR: \$218	6/17/19 - 6/21/19	8:00a - 5:00p	Giammona Pool	No
	13434	R: \$193/NR: \$218	6/24/19 - 6/28/19	8:00a - 5:00p	Giammona Pool	No
	13435	R: \$193/NR: \$218	7/8/19 - 7/12/19	8:00a - 5:00p	Giammona Pool	No
	13436	R: \$193/NR: \$218	7/15/19 - 7/21/19	8:00a - 5:00p	Giammona Pool	No
ENRICHMENT CAMPS	Code	Fee	Dates	Time	Location	Aftercare Available*
STEAMwarts (Ages 6-12) <i>Challenge Island</i>	12408	R: \$350/NR: \$375	7/15/19 - 7/21/19	8:00a - 4:00p	Performing Arts Center	No
Theater Camp (Ages 6-12) <i>Matthew Magennis</i>	12449	R: \$160/NR: \$185	6/17/19 - 6/21/19	8:00a - 4:00p	War Memorial Activity Room	Yes
	12450	R: \$160/NR: \$185	7/8/19 - 7/12/19	8:00a - 4:00p	War Memorial Activity Room	Yes
U-Tube Fever w/ Fort Island Camp (Ages 6-12) <i>Challenge Island</i>	12407	R: \$350/NR: \$375	6/24/19 - 6/28/19	8:00a - 4:00p	Performing Arts Center	No
SPORTS CAMPS	Code	Fee	Dates	Time	Location	Aftercare Available*
All Sports Camp (Ages 6-14)	13408	R: \$175/NR: \$200	8/5/19 - 8/9/19	8:00a - 4:00p	War Memorial Lower Gym	Yes
Baseball Camp (Ages 8-13) <i>Daly City Baseball Association</i>	13427	R: \$175/NR: \$200	6/17/19 - 6/21/19	9:00a - 3:00p	Westlake Park South Field	No
Basketball Camp (Ages 6-14) <i>Bud Bresnahan</i>	13411	R: \$175/NR: \$200	7/8/19 - 7/12/19	8:00a - 4:00p	War Memorial Lower Gym	Yes
	13412	R: \$175/NR: \$200	7/15/19 - 7/21/19	8:00a - 4:00p	War Memorial Lower Gym	Yes
	13414	R: \$175/NR: \$200	7/22/19 - 7/26/19	8:00a - 4:00p	War Memorial Lower Gym	Yes
	13415	R: \$175/NR: \$200	7/29/19 - 8/2/19	8:00a - 4:00p	War Memorial Lower Gym	Yes

Summer Camps

SPORTS CAMPS	Code	Fee	Dates	Time	Location	Aftercare Available*
Cheer Camp (Ages 5-13) <i>Make Me a Pro Staff</i>	12409	R: \$125/NR: \$250	6/10/19 - 6/14/19	9:00a - 12:00p	Gellert Park Turf	No
Soccer Camp (Ages 5-12) <i>Make Me a Pro Staff</i>	12443	R: \$125/NR: \$250	6/10/19 - 6/14/19	9:00a - 12:00p	Gellert Park Turf	No
	12444	R: \$125/NR: \$250	7/29/19 - 8/2/19	9:00a - 12:00p	Gellert Park Turf	No
Volleyball Camp (Ages 6-14) <i>Rex Mauga-Head</i>	13419	R: \$175/NR: \$200	6/17/19 - 6/21/19	8:00a - 4:00p	War Memorial Lower Gym	Yes
	13420	R: \$175/NR: \$200	6/24/19 - 6/28/19	8:00a - 4:00p	War Memorial Lower Gym	Yes

Youth Athletics

Milo Academy Summer Elite Basketball Clinic

Our objective is to develop your child into a complete, well rounded player. Our approach fosters personal development skills for success on and off the court. Milo Academy will teach your child agility, balance, ball handling, footwork, goal setting, and respect for parents, teachers, and coaches!

War Memorial Community Center

6655 Mission Street

Christian Dela Cruz

Fee: R: \$200 / NR: \$210

Code	Age	Day	Dates	Time
13597	10 - 16	M-F	8/12/19 - 8/16/19	9:00a - 3:00p

Milo Academy

Milo Academy Basketball Clinics offer comprehensive instruction on core offensive and defensive basketball skills.

War Memorial Community Center

6655 Mission Street

Christian Dela Cruz

Drop-in Fee: \$15

Grade	Day	Dates	Time
K - 3rd	T/TH	7/2/19 - 9/26/19	4:00 - 5:00p
4th - 8th	T/TH	7/2/19 - 9/26/19	5:00 - 6:00p

Kids' Open Gym

Kids' Open Gym is for kids ages 12 - 18 years old. Gym access, activities and games are provided. Children under 12 years old are advised to be supervised by a guardian.

War Memorial Community Center

6655 Mission Street

FREE

Dates	Day	Time
6/3/19 - 8/16/19	M-F	4:00 - 6:00p

Teens

Volunteer Leadership Program

Volunteer Leadership Program (VLP) gives teens (who have completed 8th grade) an opportunity to perform community service at one of the four Summer Youth Recreation Program (SYRP) sites. Volunteers will engage participants enrolled in our SYRP by leading activities and games, supervising arts and crafts, and helping prepare for the summer talent show, summer carnival, and other special events and activities.

VLP participants will receive weekly training and materials, a t-shirt, lanyard, and opportunities for other bonus rewards and field trips!

Program Dates*:

Monday, June 17 - Friday, August 16, 2019

*VLP participants will volunteer on their own schedule during the SYRP dates and hours.

Program Fee:

On or before June 7 - R: \$75/ NR: \$100

On or after June 8 - R: \$100/ NR: \$125

For more information, contact teens@dalcycity.org.

Summertime Showcase

Summer will be coming to an end... so let's end it on a hot note! Our Summer Showcase for teens is an opportunity for them to share their talents, in a safe and fun environment. Even if you're not performing, come support our Daly City Teens!

Free admission.

Friday, August 2 at 6:00p

Merced Room, 145 Lake Merced Blvd.

If you are interested in performing, reach out to teens@dalcycity.org.

For upcoming events and programs, follow Daly City Teens on Instagram and Facebook.



@dalcycityteens



@dcteens

Special Events at War Memorial

Summer Nights

Join us at War Memorial Community Center for fun filled Summer Nights!

FREE

Friday Nights from 6:00 - 8:00p

War Memorial Community Center, 6655 Mission Street

- June 14: Books with Friends - Summer Reading Program in Partnership with John Daly Library
- June 21: Game Spot! - Family Game Night
- June 28: Hoop Dreams - Basketball Clinic/ Games
- July 12: Family Movie Night
- July 26: Cooking with "Downtown" Carol Brown - Food Demonstration

Contact Gina at gmagagnini@dalcycity.org or call (650) 746-8331 for more information.

Back to School Fresh

It's that time of year! We want you looking good for the start of the new school year. Daly City Library and Recreation Services and supporting local businesses want to invite you to come get your hair cut, styled, and first day of school ready!

FREE

Monday, August 5 at 4:00 - 8:00p

War Memorial Community Center, 6655 Mission Street

Spaces are limited. Must make reservation.

Please contact Gina at gmagagnini@dalcycity.org or call (650) 746-8331 to reserve your spot!



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415-665-4169 • kumon.com/san-francisco-sunset-ca

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Aquatics

Pool Information

Pool Information

Giammona Pool is a year-round indoor, heated swim facility with 11 swimming lanes, therapy pool, and classroom. The pool temperature is approximately 82 degrees. Dressing room, lockers and showers are available. Bring your own lock to use lockers.

The pool is located at the south end of Westmoor High School on Edgemont Drive.

Giammona Pool
131 Westmoor Avenue
(650) 757 - 1034

Pool Closures

The pool will be closed on the following dates:

Memorial Day
Monday, May 27, 2019

Independence Day
Thursday, July 4, 2019

Staff Training
Monday, August 9, 2019

Labor Day
Monday, September 2, 2019

Pool Schedule

Activity/ Program	Day	Time
Recreation Swim	M - TH (6/17/19 - 8/9/19)	1:00 - 3:00p
	F	5:30 - 7:30p
	SAT/SUN	12:30 - 2:30p
Lap Swim	M - F	6:00 - 7:30a
	M - TH (6/17/19 - 8/9/19)	10:00a - 12:00p
	M - TH	7:00 - 9:00p
	SAT	7:30a - 12:00p
	SUN	7:30a - 12:00p/ 3:00 - 5:00p
	Aqua Fit	M/W
Aqua Trek	T/TH (Beginning 6/18/19)	4:00 - 5:00p
	SAT	8:00 - 9:00a
	M/W	7:30 - 8:30p

Pool Fees

Age	Fee	Pool Pass**
Youth (Under 17)	R: \$5	R: \$53
	NR: \$6	NR: \$66
Adult (18 - 59)	R: \$6	R: \$66
	NR: \$7	NR: \$83
Senior (60+)	R: \$5	R: \$53
	NR: \$6	NR: \$66

**Pool Passes are good for 14 visits. Passes may be purchased from the pool cashier during recreation and lap swim hours. Only credit cards or personal checks are accepted at the pool. To purchase a pool pass with cash, visit the Administration Office during regular business hours.

Pool Programs

Diving & Swim Clinics

Need additional assistance with diving, butterfly, and flip turns? These 30 minute sessions are dedicated to helping participants perfect these skills and more. Sign-up two weeks prior to diving and swimming clinic at the pool.

Youth: R: \$5 NR: \$6/ Adult: R: \$6 NR: \$7

Clinic	Date	Time
Diving	Friday, 6/28/19	7:00 - 8:00p
Swimming	Saturday, 7/27/19	12:30 - 2:30p

Summer Kick-Off Carnival

Saturday, June 15, 2019*

12:30 - 2:30p

Fee: \$8.00

*Regularly scheduled Recreation Swim will be cancelled.

Summer Luau

Saturday, August 3, 2019*

12:30 - 2:30p

Fee: \$8.00

*Regularly scheduled Recreation Swim will be cancelled.



Swimmer Aide

Enjoy working with children? Love the water? Want to give back to the community? Sign-up to be a swimmers' aide! Assist swim instructors with swim lessons; develop professionalism and leadership skills, earn community service hours and participate in a 30-minute swim workout weekly!

Prerequisite: Must be Level 5: Sea Lions or above.

For times and availability, please see Saturday and Sunday Lesson Schedules on pages 39 and 41.



Get ready to take your swimming to the next level! Joining the Dolphins will prepare your swimmer for a competitive level of swimming by focusing largely on improving the four strokes.

Aside from the desire to work on the physical swimming skills, your swimmer will be expected to listen and follow directions, respect oneself and others and engage in supportive social interaction and teamwork.

For more information or how to schedule a tryout please visit us online at www.iswimdcd.com or email us at membership.dcd@gmail.com.



Aquatic Camps

Aqua Camp

Aqua Camp welcomes youth to explore new experiences, develop new friendships, and learn new skills. Participants will have the opportunity to enjoy water activities, work on swim skills, and receive stroke guidance. Participants will also enjoy outdoor sports and games, field trips, and a party at the end of the week!

Ages: 6 - 11 years old

Monday - Friday, 8:00a - 5:00p

#13429 June 17 - 21
#13430 June 24 - 28
#13431 July 8 - 12
#13432 July 15 - 21

R: \$193/NR: \$242

Guard Start

Guard Start introduces participants to basic knowledge and skills needed to prepare for a Lifeguard Course. This camp will provide hands-on training and experience, while offering opportunities for personal growth and strengthening leadership skills. Make new friends, learn new games, and attend field trips!

Ages: 12 - 15 years old

Monday - Friday, 8:00a - 5:00p

#13433 June 17 - 21
#13434 June 24 - 28
#13435 July 8 - 12
#13436 July 15 - 21

R: \$193/NR: \$242

Lifeguard Class

Blended Learning Lifeguard Course

The American Red Cross Blended Learning Lifeguard Course combines online learning (approximately 7.25 hours) with on-site skills sessions (approximately 16-19 hours) where you will practice skills and demonstrate competency.

The purpose of the American Red Cross Lifeguarding course is to provide entry level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services personnel take over.

Deadline to register is Friday, May 24, 2019. Once registration is completed, an online manual and direct link to class portal will be sent to participants. Online Course work and reading material must be completed before Thursday, May 30, 2019. Pre-requisite Exam: June 4, 2018, 7:00 - 8:00p
On-Skills Session Dates:

June 3 – June 6, 2019; 6:00 - 10:00p

Ages: 14 - 18 years old

#13433

R: \$193/NR: \$242

Pool Party Reservations

Pool Party Reservations must be completed in person at our Administration Office. Pool Parties can be reserved up to six months in advance, but no reservations will be accepted with less than a two week notice.

The Pool Party Room is reserved exclusively for pool party guests. Pool parties may host up to 50 guests, including guests in and out of the pool combined. For pool parties with more than 50 guests, an additional fee of R: \$56/NR: \$70 will be charged per each additional 25 guests.

For more information or to check availability, please call (650) 991 - 8001.

Private Swim Party

Private Swim Parties are held during pool rental times not open to the general public.

\$386 res/ \$482 non-res

Saturday:

- 3:00 - 5:00p
- 5:15 - 7:15p
- 7:30 - 9:30p

Sunday

- 5:30 - 7:30p

Recreation Swim Party

Recreation Swim Parties are held during regular recreation swim hours, and the pool is shared with recreation swim patrons.

\$221 res/ \$276 non-res

Saturday or Sunday:

- 12:30 - 2:30p

Swim Lessons

Registration

Daly City Residents (R) have Priority Registration for swim lessons! Registration for Non-Resident (NR) participants will begin on the day after the Priority Registration date*. Please refer to the specific lesson session for dates and times, along with Priority Registration dates.

Registration will be taken until the day prior to a lesson's start date. If space is available, registration may be accepted at the pool on the first day of the swim lesson session.

**If Priority Registration date falls on a Friday, open registration for Non-Residents will start on Saturday, online only!*

Refund Policy

If a customer withdraws from a swim lesson less than one business day prior to its start date, the customer shall receive credit less a \$10 processing fee. Refunds shall not be issued. To avoid being charged processing fee, we recommend not registering for multiple swim lessons. If you need to transfer or withdraw, contact active@dalycity.org.

To view the full Refund Policy, please visit www.dalycity.org/refund. For more information, please contact us at (650) 991 - 8001.

Swim Lessons

Priority Registration Dates

Lesson Day	Session	Lesson Dates	Priority Registration Date
Saturday Lessons	Session 1	June 29 - August 17	Tuesday, June 25
Sunday Lessons	Session 1	June 30 - August 18	Tuesday, June 25
Monday/ Wednesday Lessons	Session 1	June 17 - July 10	Tuesday, June 12
	Session 2	July 15 - August 7	Tuesday, July 12
Tuesday/ Thursday Lessons	Session 1	June 13 - July 11 (No Class on July 4.)	Tuesday, June 7
	Session 2	July 16 - August 8	Tuesday, July 12
Monday - Thursday Lessons	Session 1	June 17 - June 27	Tuesday, May 10
	Session 2	July 1 - July 11 (No Class on July 4. Class on Friday, July 5)	Tuesday, June 28
	Session 3	July 15 - July 25	Tuesday, July 12
	Session 4	July 29 - August 8	Tuesday, July 26

Refer to Swim Lesson Flyers for swim lesson times. Swim Lesson Flyers are available at:

- www.dalycity.org/activityguide
- Giammona Pool
- Administration Office

Or visit www.dalycity.org/iplay to register!

City of Daly City
Department of Library and Recreation Services

Aquatics

Saturday Lessons

Swim Lesson Information

Registration
Daly City Residents (R) have Priority Registration for swim lessons! Registration for Non-Resident (NR) participants will begin on the day after the Priority Registration date*. Please refer to the specific lesson session for dates and times, along with Priority Registration dates.

Online:
www.dalycity.org/iplay

In person:
Department of Library and Recreation Services
Administration Office
11 Lake Merced Boulevard
Daly City, CA 94023

Tuesday - Friday, 8:30am - 4:30pm

Registration will be taken until the day prior to a lesson's start date. If space is available, registration may be accepted at the pool on the first day of the swim lesson session.

*If Priority Registration date falls on a Friday, open registration for Non-Residents will start on Saturday, online only!

Refund Policy
If a customer withdraws from a swim lesson less than one business day prior to its start date, the customer shall receive credit less a \$10 processing fee. Refunds shall not be issued.

To avoid being charged processing fee, we recommend not registering for multiple swim lessons. If you need to transfer or withdraw, contact actree@dalycity.org.

To view the full Refund Policy, please visit www.dalycity.org/refund. For more information, please contact us at (650) 991-8001.

Pool Information
Giammona Pool is a year-round indoor, heated swim facility with 11 swimming lanes, therapy pool, and classroom. The pool temperature is approximately 82 degrees. Dressing room, lockers and showers are available. Bring your own lock to use lockers. The pool is located at the south end of Westmoor High School on Edgemoor Drive.

Giammona Pool
118 Westmoor Avenue
(650) 757-8034

Pool Closures
The pool will be closed on the following dates:
Holiday Break
4/20/19 - 4/23/19
Memorial Day
5/27/19

Swim Lessons

Swim Lesson Descriptions

Swim Level	Age	Fees	Level Description
Infant: Sea Turtles	6 mo - 5 years	R: \$65 NR: \$81	Must be accompanied in water by parent or guardian. Students will be introduced to water environment, basic swim skills and water safety through games, songs, and use of toys. Parental involvement in the learning process reinforces the parents' role in the child's development.
Toddler I: Ducklings	3 - 5 years	R: \$65 NR: \$81	A child's first swim class without parental assistance. Water Exploration: water adjustment, pool safety, underwater exploration, kicking, and stroke readiness are introduced.
Toddler II: Starfish	3 - 5 years	R: \$65 NR: \$81	An introduction to Water Skills with Support: basic breathing, floating, jumping, kicking and arm movement.
Level I: Guppies	6 - 12 years	R: \$60 NR: \$75	Introduction to Water Skills: water adjustment, rhythmic breathing, floating, kicking, gliding, jumping and treading.
Level II: Jellyfish	6 - 12 years	R: \$60 NR: \$75	Fundamental Aquatics Skills: front to back float with no support and with glide; introduction to elementary backstroke, sidestroke, front/back crawl, sculling and finning; treading and jumping.
Level III: Seahorse	6 - 12 years	R: \$60 NR: \$75	Stroke Development: front/back crawl; treading, knee dive; introduction to elementary backstroke, butterfly kick, underwater glides, sidestroke and deep water swimming.
Level IV: Otters	6 - 12 years	R: \$60 NR: \$75	Stroke Improvement: front/back crawl, sidestroke, and butterfly kick with personal flotation device for distance; treading, diving, floating; introduction to breaststroke kick, elementary backstroke kick and open turns.
Level V: Sea Lions	6 - 17 years	R: \$60 NR: \$75	Stroke Refinement: front/back/side strokes, elementary backstroke, butterfly and breaststroke kick for distance; diving, treading; introduction to breaststroke arms and flip turns.
Level VI: Porpoise	6 - 17 years	R: \$60 NR: \$75	Personal Water Safety: enhanced efficiency, endurance and ability to perform strokes; approach stroke; tread two minutes; treading without arms; turns and introduction to competitive diving.
Level VII: Sharks	6 - 17 years	R: \$60 NR: \$75	Fundamentals of Diving: backstroke, butterfly with competitive flip turns; sidestroke and water rescue skills; tread for time with and without arms; 10 minute swim test with turns.
Level VIII: Stingrays	6 - 17 years	R: \$60 NR: \$75	Lifeguard Readiness and Fitness: Swim for distances using combination of all strokes; open and close turns; dives from starting blocks; tread 10 minutes; water rescue skills; 15 minute swim test with turns.
Semi Private: Guppies - Platypus	6 - 17 years	R: \$120 NR: \$150	Struggling or need assistance with your swimming? Semi-private lessons offer instruction where ratio is one instructor to three students. The instructor and students will focus on technique and student weaknesses.
Teen/Adult I/II: Platypus & Barracudas	13+ years	R: \$60 NR: \$75	Classes raises comfort level, establishes natural buoyancy movement, and develops basic strokes.
Teen/Adult III: Orcas	13+ years	R: \$60 NR: \$75	Builds upon skills learned in the beginner adult levels and become more comfortable with deeper water.



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