

Older Adult Resource Line is Expanding!

CALL US TODAY! Monday-Friday, 7:30am-4pm

(650) 780-7542



All those age 60+ in San Mateo County can stay connected to resources and services during this time of "sheltering in place".



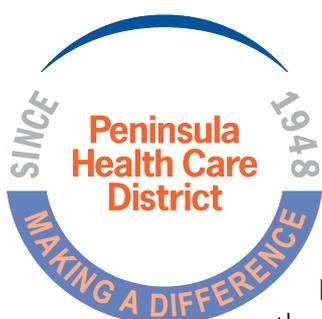
The Peninsula Health Care District and Peninsula Family Service have partnered to offer those age 60+ an easily accessible call line with support available in multiple languages.

One of our experienced professional support team members will be able to connect you to a wide range of community resources including food services and a weekly wellbeing call with a Senior Peer Counselor. Call us today at **(650)780-7542**.

This time of isolation does not mean that you have to be disconnected from community. We are here to help you.



Your health and wellbeing are important to us. We want to keep you healthy, well, and connected.



Peninsula Health Care District

Founded in 1947, the **Peninsula Health Care District** serves the communities of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo and Foster City by supporting the unique health and wellness priorities of our Peninsula communities, and safeguarding access to health services, today and in the future. For more information: <http://www.peninsulahealthcaredistrict.org/>



Peninsula Family Service

Originally a small organization founded in 1950, **Peninsula Family Service** has grown to recognize the need for innovative, professionally led, locally targeted solutions to secure the wellness and stability of our neighbors. The community has rallied behind this mission, providing fundraising support and volunteers to establish and grow expert-led programs. For more information: <https://www.peninsulafamilyservice.org/>